HOPE Incorporated

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OCTOBER GROUP SCHEDULE *Community Forum Quarterly at 11AM*

We're in it together.

Monday	Tuesday	Wednesday	Thursday	Friday
9:00AM - 10:30 AM Bobby/Ramon Serenity ID: 830 4775 9666 **9:00AM - 12:00PM** Jennifer/Cynthia Peer Group ID: 850 5241 8815 **10:30AM - 12:00PM** Suzanne Managing Symptoms ID: 830 4775 9666	**9:00AM - 2:00PM** Jennifer Therapeutic Day Program Fabian Supervised Day Program **9:00AM - 10:30AM** Jackie Self-Awareness ID: 830 4775 9666 **10:30AM - 12:00PM** Cynthia Peer Group ID: 830 4775 9666	**9:00AM - 2:00 PM** Jennifer Therapeutic Day Program Fabian Supervised Day Program **9:00AM - 10:30AM** Diana/Suzanne Peer Group ID: 830 4775 9666 **9:00AM - 10:30AM** Dionicia The Body Keeps Score ID: 850 5241 8815 **10:30AM - 12:00PM** Cynthia Social Responsibility ID: 830 4775 9666	**9:00AM - 12:00 PM** Jackie/Ramon Peer to Peer **9:00AM - 12:00PM** Ramon/Jackie/Cynthia Skills training in the Kitchen	**9:00AM - 2:00PM** Jennifer Therapeutic Day Program Fabian Supervised Day Program **9:00AM - 10:30AM** Roberto Relapse Prevention ID: 830 4775 9666 **10:30AM - 12:30PM** Diana Meeting of the Minds ID: 830 4775 9666
Peer Group **12:00PM - 2:00 PM** Fabian ID: 830 5241 8815 **12:00PM - 2:00PM** Jackie Smart Recovery ID: 830 4775 9666 **4:00PM - 5:30PM** Jennifer MRT	**12:00PM - 2:00PM** Ramon Stress Management/Coping Skills ID: 830 4775 9666	**12:00PM - 2:00PM** Ramon Healthy Relationships ID: 830 4775 9666	**12:00PM - 1:00PM** Suzanne/Fabian Managing Emotions ID: 830 4775 9666	**12:30PM - 2:00PM** Roberto Anger Management ID: 830 4775 9666